

## **Health Observations**

### General Plan/Approach:

Staff will ensure that children's health needs are identified, concerns are followed up on, and health observations are completed.

#### **Head Start Program Performance Standards:**

1302.42(c)(2) – Child health status and care – ongoing care

#### Procedure:

- 1. Center staff will routinely perform health observations of children in the classroom, on the playground, while on field trips, during group sessions, etc.
- 2. Center staff will report health concerns to Health Services by phone call, e-mail or sending in a completed Health Observation Form.
- 3. If center staff observe symptoms that might be seizure-related, such as "staring spells," they will notify Health Services and complete a Health Observation Form for a minimum of four days.
- 4. Center staff are to contact Health Services with concerns about children on medication who are exhibiting a significant change in their ability to participate in daily classroom activities. Center Staff will complete a Health Observation Form for a minimum of four days and submit to Health Services for review and followup.
- 5. If center staff are concerned about a child's eating habits, or lack thereof, Center Staff will complete a Health Observation Form for a minimum of four days and submit to Health Manager and Nutrition Manager for review and follow-up before calling a consultation.
- 6. Health Services will keep Center Staff updated on the status of follow-up on their observations and concerns.
- 7. Observations should be detailed and include information regarding the child's day, behavior, food eaten, etc.
- 8. Health Observations will be completed for new medication or dosage changes.



# SOUTHERN OREGON CHILD & FAMILY COUNCIL, INC.

# SOUTHERN OREGON HEAD START HEALTH SERVICES OFFICE

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# **Health Observation Form**

Child:	Center:	Date:
Person doing the observation	n:	
Reason for observation:		
Observations/Concerns (also like food eaten, activities, be		lease be detailed and include things
Signed:		Date:

Scan and Email to Health Manager